Abstract Submitted for the APR11 Meeting of The American Physical Society

Using spin-down of neutron stars as a probe of the phases of ultradense matter SIMIN MAHMOODIFAR, MARK G. ALFORD, KAI SCHWEN-ZER, Washington University in St. Louis — Spin frequency is the most accurately measurable property of neutron stars. The range of possible frequencies is determined by internal properties, such as the amplitude of "r-modes," which spin the star down by emitting copious gravitational radiation. I will discuss the damping of r-modes by non-linear contributions to the bulk viscosity, which grow with the oscillation amplitude and may become large enough to stop the growth of the r-modes. I will present our results for the viscous damping of the r-modes taking into account the high-amplitude bulk viscosity for different cases of hadronic stars, strange stars and hybrid stars and its effect on the spin-down evolution of the star.

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Date submitted: 16 Jan 2011

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