

Abstract Submitted  
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**Double- $\beta$  decay nuclear structure via electron capture on  $^{116}\text{In}$  C.**  
WREDE, Michigan State U., NSCL, and U. of Washington, S.K.L. SJUE, LANL  
and TRIUMF, A. A. GARCÍA, H.E. SWANSON, U. of Washington, I. AHMAD,  
ANL, A. ALGORA, IFIC (CSIC-U. Valencia), V.-V. ELOMAA, T. ERONEN, J.  
HAKALA, A. JOKINEN, V.S. KOLHINEN, I.D. MOORE, H. PENTTILÄ, M. RE-  
PONEN, J. RISSANEN, A. SAASTAMOINEN, J. ÄYSTÖ, U. of Jyväskylä — The  
small electron-capture decay branch of  $^{116}\text{In}$  has been measured using Penning trap  
assisted decay spectroscopy. The deduced Gamow-Teller transition strength helps  
to resolve longstanding differences between scattered charge-exchange reaction val-  
ues and a previous electron-capture decay value that was less statistically significant  
than the present one. We argue that this transition can now be used as a reliable  
benchmark for nuclear-structure calculations of the matrix element for the neutri-  
noless double- $\beta$  decay of  $^{116}\text{Cd}$  and other nuclides.

Chris Wrede  
Michigan State U., NSCL, and U. of Washington

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