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Time Management for the Physics Graduate Student

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Physics graduate students come from a variety of backgrounds and many are already accustomed to a wide variety of time constraints including working full time jobs while studying, caring for children or other family members, and valued community activities. But graduate school is a new experience; students face new challenges and have to work within new time constraints. In this workshop, we hope to present and discuss some of the time-management strategies that have benefited students, and address as a group what other ideas could be tried. The workshop is intended to be useful to both advisors who seek to help students with time-management and also to students. We will discuss time management both in a general sense, and also time management within the study of physics (how to optimize learning).