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Abstract for an Invited Paper
for the BPNMC20 Meeting of
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Navigating Academic Spaces for Success

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This workshop will focus on how to successfully navigate academic spaces. Topics will include identifying a good mentor and the characteristics of a good mentor, building effective studying habits, incorporating a work-life balance, collaborating with other researchers to form your network, balancing student activism, and best practices for acquiring research experiences. This workshop will consist of brief presentations, hands-on activities geared towards advocating for yourself, and a question and answer portion opened to the audience.

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