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**Measuring the mixing in two-layer exchange flow** ROSS GRIF-  
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School of Earth Sciences, The Australian National University — We have measured  
the rates of mixing in two-layer, density-driven exchange flows through a constric-  
tion. Laboratory experiments utilised two long reservoirs of fresh and salty water  
separated by a contraction. The shear between the two counter-flowing layers in  
the contraction generates stratified turbulence and localized mixing. We focus on  
the amount of mixing and its influence on the mass fluxes. A mixing efficiency is  
defined as the difference between the measured decrease of potential energy and the  
decrease expected if there were no mixing, normalized by the expected potential  
energy decrease with no mixing. Over a period of steady mean flow before gravity  
currents reach the end walls of the reservoirs, the efficiency is found to be 11% ( $\pm$   
1%) for most of the conditions investigated. Smaller efficiencies are found for very  
small density differences, where the mixing is intermittent. The mass exchange flux  
is found to be a constant fraction (82%  $\pm$ 2%) of the predicted maximum in the  
(non-turbulent, steady, inviscid) hydraulically controlled solution.

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