

Abstract for an Invited Paper  
for the DPP09 Meeting of  
The American Physical Society

**Pedestal regulation techniques for enhanced confinement regimes on Alcator C Mod<sup>1</sup>**

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Recent research on Alcator C-Mod has achieved greater leverage on global confinement through both optimization and active modification of the edge pedestal. Pedestal scalings that are quite robust in typical H-mode operation can be broken, and particle and thermal transport in the edge barrier can be decoupled substantially. In H-mode, pedestal parameters show a striking sensitivity to the ion  $B \times \nabla B$  drift direction, relative to the active x-point position, with considerable variability observed when the distance between separatrices is on the order of the pedestal width ( $\approx 5\text{mm}$ ) or less, *i.e.* very near double null (DN). Near DN H-modes can have improved confinement factors ( $H_{98} > 1$ ) as a result of elevated pedestal temperature ( $T_{ped}$ ), with the edge regulated by benign small ELMs or continuous modes, regimes desirable for ITER and other future devices. Operating with a single null and with  $\nabla B$  drift away from the x-point allows the formation of discharges with L-mode-like particle confinement, yet with excellent energy confinement. This enhanced confinement regime has demonstrated  $H_{98} \approx 1$ ,  $T_{ped} \approx 1\text{keV}$ , and can be maintained steady-state with no ELMs by operating with high current and strong shaping, while holding input power below the L-H threshold to suppress particle barrier formation. Additional pedestal modification has also been obtained in H-modes by application of lower hybrid (LH) waves. Strong relaxation of the density pedestal is observed and accompanied by increases in  $T_{ped}$ , providing a substantial reduction in overall collisionality and somewhat improved confinement. Direct interaction of the LHRF with the edge plasma appears to play a role in enhancing the pedestal particle transport, which conveniently relaxes the discharge to a less dense and hotter state, one more conducive to core LH penetration and damping. In all cases, strongly modified pedestals affect core properties, often including surprising effects on core rotation.

<sup>1</sup>Supported by USDoE award DE-FC02-99-ER54512.