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### **Dynamics and thermodynamics of polymer glasses**

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The dynamics and thermodynamics of glass-forming systems have been the subject of intense research in the last decades. Among the variety of aspects that have been analyzed, the following can be included: i) the dramatic slowing down of the dynamics when decreasing temperature often described by a Vogel-Fulcher-Tammann (VFT) law; ii) the possible connection between such slowing down and the thermodynamics of the glass-former. These aspects have been deeply investigated above the laboratory glass transition temperature ( $T_g$ ). It has been speculated that mere extrapolation of the dynamics and thermodynamics to low temperatures produces a singularity at a finite temperature. In particular, extrapolating the behavior above  $T_g$  to low temperatures would imply that: (i) the relaxation time associated to the glassy dynamics shows a divergence; (ii) the entropy of the glass equals that of the crystal. Experimental as well as theoretical efforts in the sub- $T_g$  regime are required to clarify whether this scenario really exists. Recent experimental studies indicate deviations of the relaxation time from the VFT behavior to a milder temperature dependence [1,2] and several theoretical approaches provide a rationale to such deviations [3-7]. In this contribution the temperature range of dynamics and thermodynamics is extended to temperatures as low as  $T_g-40$  K by performing enthalpy recovery experiments on glassy polymers for times up to  $10^7-10^8$  seconds. We find a single stage recovery behavior for temperatures larger than about  $T_g-10$  K. Interestingly, a double stage recovery is observed for  $T < T_g-10$  K. In all cases the enthalpy recovered after the two-stage decay approximately equals that extrapolated from the melt. Time-temperature superposition close to each plateau in the enthalpy delivers shift factors containing information on the dynamics below  $T_g$ . The following scenario emerges analyzing the temperature dependence of the shift factors: i) In both stages of recovery, Arrhenius temperature dependence of the shift factor is observed; ii) The shift factor corresponding to the first stage recovery exhibits relatively low activation energy (several times smaller than that of the  $\alpha$  process at  $T_g$ ); iii) The second stage exhibits activation energy similar to that of the polymer  $\alpha$  relaxation at  $T_g$ . These results indicate that divergence of the relaxation time at a finite temperature is likely avoided, whereas the question of a thermodynamic singularity remains open.

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