

Abstract Submitted  
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**Torsion Pendulum energy dissipation due to  $^3\text{He}$  in aerogel. Dissipation signature of the A-phase** NIKOLAY ZHELEV, ROBERT BENNETT, Cornell University, JOHANNES POLLANEN, California Institute of Technology, ERIC SMITH, Cornell University, WILLIAM HALPERIN, Northwestern University, JEEVAK PARPIA, Cornell University — A torsion pendulum excited at acoustic frequencies was used to measure the dissipation  $Q^{-1}$  and period shift of  $^3\text{He}$  confined in a 98% open aerogel, compressed by 10% along the axial direction. Data was taken in the range between 100mK and  $T_c$ , as well as below  $T_c$  for a series of pressures. After accounting for bulk and empty cell contributions,  $Q^{-1}$  is seen to be pressure and temperature independent in the normal state. The dissipation is larger than expected, which can be accounted for either by invoking a very long frictional relaxation time or by taking into account the internal friction in the aerogel that is affected by mass loading of  $^3\text{He}$ . In contrast, the dissipation in the superfluid state depends strongly on temperature and pressure. The A phase (observed on cooling) shows a higher dissipation than the B phase (observed on warming); the excess dissipation is greater at high pressures.

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