

Abstract Submitted  
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**Essential Psychology in the Post-Secondary Classroom** JO-ANNE

BROWN, Univ of Calgary — According to the wikipedia entry, psychology is an academic discipline and an applied science that studies an individual's mental functions and social behaviours. Since learning involves mental functions, it only makes sense that psychology has a role in the classroom - including those in a post-secondary institution. The Myers-Briggs Type Indicator (MBTI) is one model that provides a framework for identifying differences in how individuals perceive the world, make decisions, and communicate. By becoming aware of one's own type, MBTI can help instructors become more effective in the classroom by maximizing their strengths and minimizing their vulnerabilities. The goal of this poster is to act as an introduction to MBTI, and give some ideas on how to use this framework to improve the teaching and learning experience.

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