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### **Lattice QCD for nuclei**

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Over the last several decades, theoretical nuclear physics has been evolving from a very-successful phenomenology of the properties of nuclei, to a first-principles derivation of the properties of visible matter in the Universe from the known underlying theories of Quantum Chromodynamics (QCD) and Electrodynamics. Many nuclear properties have now been calculated using lattice QCD, a method for treating QCD numerically with large computers. In this talk, some of the most recent results in this frontier area of nuclear theory will be reviewed.