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**Mechanics and geometry in the seashell-like (*Turritella*) surface**  
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— Helical structures are ubiquitous in nature and engineering, ranging from DNA  
molecules to plant tendrils, from sea snail shells to nanoribbons. While the helical  
shapes in natural and engineered systems often exhibit nearly uniform radius and  
pitch, helical shell structures with changing radius and pitch, such as seashells and  
some plant tendrils, adds to the variety of this family of aesthetic beauty. Here  
we report the first biomimetic seashell-like structure resulting from mechanics of  
geometric frustration. In previous studies, the total potential energy is everywhere  
minimized when the system achieves an equilibrium. In this study, however, the lo-  
cal energy minimization cannot be realized because of the geometric incompatibility,  
and hence the whole system deforms into a shape with a global energy minimum  
whereby the energy in each segment may not necessary be locally optimized. This  
novel approach can be applied to develop materials and systems with desirable ge-  
ometries by exploiting mechanics of geometric frustration. The authors would like  
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