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**Magnetic coupling through lanthanum nickelate in non-metallic (111) LaMnO<sub>3</sub>/LaNiO<sub>3</sub> superlattices**

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Perovskite nickelates (RNiO<sub>3</sub>, R=rare earth), with the exception of LaNiO<sub>3</sub>, display a bandwidth-controlled metal insulator transition (MIT) and antiferromagnetic order in the low temperature phase. Tuning of the MI and Néel transitions is efficiently achieved in nickelate thin films over a wide temperature range, and even LaNiO<sub>3</sub> films undergo a MIT as the thickness is decreased. In this reduced dimensionality regime of LaNiO<sub>3</sub>, we will also report how interface engineering can be used not only to induce a new magnetic phase in this otherwise non-magnetic material but also to generate rich and complex magnetic behavior in (111)-oriented LaNiO<sub>3</sub>/LaMnO<sub>3</sub> heterostructures. For 7-monolayer-thick LaNiO<sub>3</sub>/LaMnO<sub>3</sub> superlattices, the emergence of negative and positive exchange bias is observed at low temperature before the stabilization of an antiferromagnetically coupled state between the LaMnO<sub>3</sub> layers above the blocking temperature. This behavior is explained by the onset of an antiferromagnetic spiral of (1/4, 1/4, 1/4) wave vector in the ultrathin LaNiO<sub>3</sub> layer, akin to that of the other bulk insulating nickelates. Influence of the degree of intermixing at the monolayer scale on the interface-driven properties will also be discussed.